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ÁREA: Linguagens

Disciplina: Língua Inglesa

Série: 3º Ano

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Half Full or Half Empty?

The pessimist complains about the wind;

The optimist expects it to change;

The realist adjusts the sails."

William Arthur Ward



TASK 1

Write in the words 'optimists' and 'pessimists', which have been removed from the text.

On awakening, _____ open the window and say with a smile, "Good morning, God!" _____? They rub their eyes; clear their throat; look out the window and say with a frown, "Good god, morning!" _____ always see the dark side of clouds. _____? They don't see the clouds at all because they're walking on them!

What is optimism? It is reacting to life in a positive manner. It is an attitude of positive expectations. _____ say that _____ look at the world through pink coloured glasses and live in a fantasy world.

We're all born _____. It is our nature to be optimistic. But when we reach five or six years old, we've been subjected to so much negativity that we begin to believe the world may be gloomy after all. As we grow into adults, we continue to hear the mantra of negativity: "It's a rat race out there. What's the point of getting married when 50% of marriages end in divorce?", etc.

The characteristics of both have been identified. Whenever something goes wrong, _____ believe the problem will continue indefinitely, affect all areas of their life, and is their fault. _____, however, believe that problems are temporary setbacks with limited impact and due to external causes. In a word, _____ are designed to cope, _____ designed to mope.

So, what if we are _____? What should we do? Whenever you catch yourself with a negative thought, immediately replace it with a positive one. It's a simple but effective technique.

(source: <http://www.personal-development.com/chuck/pessimists.htm>)

TASK 2

The paragraphs of a joke about pessimists and optimists have been jumbled. Put them in the correct order.

_____ That night the father passed by the pessimist's room and found him sitting amid his new gifts crying bitterly.

_____ Passing the other twin's room, the father found him dancing for joy in the pile of manure. "What are you so happy about?" he asked.

_____ "Because my friends will be jealous, I'll have to read all these instructions before I can do anything with this stuff, I'll constantly need batteries, and my toys will eventually get broken." answered the pessimist twin.

_____ Just to see what would happen, on the twins' birthday their father loaded the pessimist's room with every imaginable toy and game. He loaded the optimist's room with horse manure.

_____ To which his optimist twin replied, "There's got to be a pony in here somewhere!"

1 A family had twin boys whose only resemblance to each other was their looks. If one felt it was too hot, the other thought it was too cold. If one said the TV was too loud, the other claimed the volume needed to be turned up. Opposite in every way, one was an eternal optimist, the other a doom and gloom pessimist.

_____ "Why are you crying?" the father asked.

TASK 3: DISCUSSION

Whose life is easier: an optimist's or a pessimist's? Why?

Which group do you belong to? Would you like to belong to the other group? Why? How could you change?



ATIVIDADES REFERENTES À SEMANA DO DIA 23 DE ABRIL DE 2020, DEVIDO AO RECESSO OCASIONADO PELO VÍRUS COVID-19.

LEIA O TEXTO E RESPONDA AS QUESTÕES:

Task 1(Escriva “pessimists” ou “optimists” nos espaços em branco;

Task 2 (Coloque a história em ordem – o número 1 já está lá – e descubra o que ela está nos contando;

Task 3(Responda às duas perguntas de forma pessoal, em uma parágrafo, no mínimo. Usa a língua portuguesa, se necessário, para ajudá-lo/a a formular suas ideias.

Task 4 – How do you feel about coronavirus world threat? Explain your answer.

Task 5 – Choose at least 20 unknown words to form your Bank of New Words and write down their meaning:

Bank of New Words

NEW WORDS	MEANING
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Task 6 : In the sentence: “Opposite in every way, one was na eternal optimist, the other a doom and gloom pessimist.” What’s the meaning of the underlined expression.?